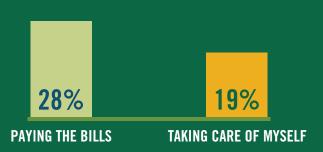


DIANA INTERNATIONAL RESEARCH INSTITUTE

at Babson College

SURVEY 4: PERSONAL LEADERSHIP FROM CRISIS TO OPPORTUNITY WOMEN ENTREPRENEURS IN A TIME OF COVID-19

TOP PERSONAL CONCERNS



Stress levels have been incredibly high but more on the personal level than from a business perspective. My business does well in an economic downturn. The stress is more from concern for our health and safety and the loss of a family member.

- Survey Participant

"

The highs and lows have been more intense.

Smaller gems that I didn't notice previously are now much more meaningful, along with any negativity or hardship can sometimes feel more intense.

- Survey Participant

TOP THREE PERSONAL CONCERNS

O69%

50%

O14%

SELFCARE

HOMESCHOOLING

JUGGLING FAMILY DEMANDS

MOST EFFECTIVE COPING STRATEGIES

57%
Eating healthy

41-1-1-53% Exercising



48% Connecting

with people

I enjoy zoom "meetings" I've done with my siblings and friends near and far. And just like after 9/11, people are friendlier and kinder. So many people are out walking in the evening and most people greet the people they are passing. I do hope we hold onto that once things return to whatever normal is going to be.

- Survey Participant

STRONGEST SOURCES OF SUPPORT

76%

51%

44%

Spouses/ Partners

Parents and Older Relatives Friends and Neighbors

ONE WORD TO DESCRIBE HOW YOU ARE FEELING

2/3
POSITIVE

(e.g., optimistic, grateful, hopeful)

1/3
NEGATIVE
(e.g., overhwelmed,

frustrated, resigned)

Note: n=61; 91% USA-based firms; 56% in Wholesale/Retail Trade and Financial, Professional and Consumer Services; 88% with <\$1 million revenue; 21% solopreneurs; 79% with <50 employees; 53% less than 5 yo; 12% VC-funded and 26% essential services; survey ran May-July 2020