Wherever you may be: Be Well. Do Well.

VIRTUAL SUPPORT GROUPS

Staff from Babson Health & Wellness are starting various virtual support groups. Check out the options below! You can find facilitator information and WebEx links to each group in the email sent to undergraduates on Friday, March 27, or on Instagram under @babsonwellness.

**VIRTUAL CONNECTIONS**

Disrupted Abroad: Mondays from 1-2 pm
Seniors: Mondays from 3-4 pm
Living On Campus: Tuesdays from 1-2 pm
At Risk/Sick: Wednesdays from 3:30-4:30 pm
Athletes: Thursdays from 3-4 pm
Survivors: Fridays from 1-2 pm
LGBTQ+: Fridays from 3-4 pm

All groups are open, drop-in, confidential and in EST.

WANT TO REQUEST A GROUP? EMAIL
WELLNESS@BABSON.EDU.