ISOLATION-IN-PLACE

Guidance for COVID-19 positive individuals and well roommate(s)

STUDENTS WHO TEST POSITIVE FOR COVID-19 ARE ENCOURAGED TO ISOLATE OFF CAMPUS. HOWEVER, THERE ARE TIMES WHEN THE ONLY AVAILABLE OPTION IS FOR A STUDENT WITH COVID-19 TO ISOLATE IN THE SAME ROOM AS THEIR HEALTHY ROOMMATE.

🌟 BOTH ROOMMATES:

- Mask with a high-quality mask when are in the room together
- Request HEPA filter from facilities
- Clean & disinfect frequently touched surfaces and objects daily (e.g. tables, countertops, doorknobs, faucets, smartphones, laptops, remote controls, etc)
- If you share a bathroom, remember that sinks could be an infection source. Totes or caddies can be used for personal items so they don’t touch the bathroom countertop; bring your tote back to your personal space rather than leaving it in a shared bathroom
- Each person should use their own hand or face towels
- If you share a sleeping space, arrange beds so that you have as much space between beds as possible. Consider sleeping away from each other or in opposite directions
- If sharing food or drinks, use separate serving dishes or cups
- If you do come in contact with shared surfaces or items, wash your hands thoroughly afterwards
- Do not invite any guests to your room until the isolation period has ended

🤔 ROOMMATE WITH COVID-19:

- If a single bathroom is available on your floor, choose that option over a shared bathroom. Be sure to wear your mask in common spaces
- Follow guidance for ending isolation
- Positive students must work directly with their faculty regarding missed classes due to illness/isolation
- Mask up and get a to-go meal from campus dining. You cannot remove your mask & eat around other students until Day 11
- Contact health services line at 781-239-6363 for additional guidance on treating your symptoms

😊 WELL ROOMMATE:

- You may still go to class and all activities
- Minimize time spent in your room- take this time to discover a new favorite study or hangout spot on campus
- Wear a mask indoors until 10 days after your roommate’s isolation ends
- Test often using a self-test kit. The best time to test is 5 days after your initial exposure, but with continued exposure, you will want to be sure to test again 5 days after your roommate is no longer infectious
- Follow guidance on the DPH website if you develop symptoms

If you are a well roommate of a student who has tested positive for COVID-19 and you have a condition that puts you at high risk for severe illness, please contact student health services at 781-239-6363. Staff is available during regular business hours. You can also call health services to discuss therapeutic interventions that may be available to you.

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